

## BUT WHAT ABOUT YOU? HOW TO USE CURIOSITY TO EXAMINE CLINICIAN ANXIETY AND ITS IMPACT ON CLINICAL WORK

**JULY 21, 2022**

1:00 PM - 2:00 PM EST

### **SPEAKER**

**Shelly Simpson, LICSW**

Clinician anxiety is a very real, and often very uncomfortable, experience. Did I do a good-enough job assessing safety? Did I document the session correctly? Will I be held liable for anything? And yet, when we let these anxieties take over, we lose our ability to be curious, and when we lose curiosity, we also lose a moment of connection with the person sitting in front of us. We might even act hastily in ways that interfere with the client's autonomy and self-efficacy. Curiosity not only keeps us connected to our client in these moments, it also diffuses our own anxieties in and out of client meetings.

### **AGENDA**

1:00 - 2:00 Presentation and discussion

### **COST**

Although this course is being offered free of charge, registration is required. Attendees, however, may cancel their registration at any time.

### **CONTINUING-EDUCATION CREDIT**

This course provides one (1) continuing-education credit. Participants must attend the entire course and complete a course evaluation in order to receive credit. A certificate certifying continuing-education credit will be emailed three weeks after completion of the course.

### **COURSE DELIVERY**

This course will be an interactive live webinar presented via Zoom. Register [HERE](#)

### **TARGET AUDIENCE**

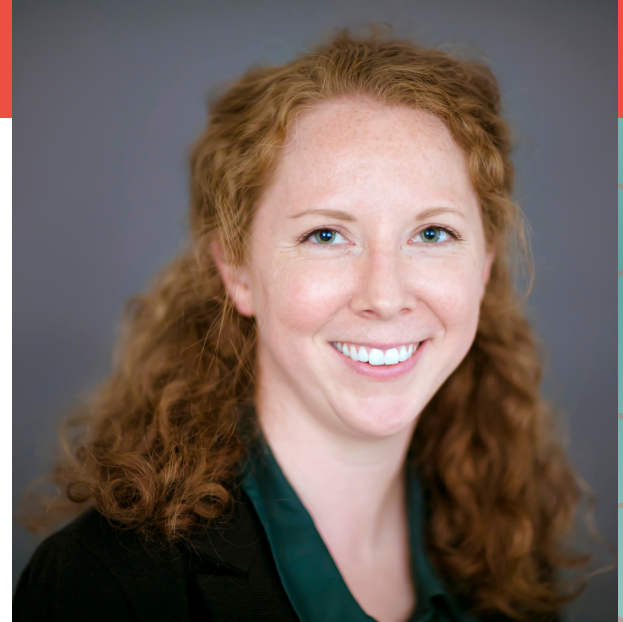
This is a beginning-level course designed for recent graduates (B.S.W. or M.S.W.) or individuals who have recently changed fields of practice.

### **LEARNING OBJECTIVES**

Upon completion of this course:

- Participants will learn how clinician anxiety can impact client's autonomy and self-efficacy
- Participants will learn about mentalization and how it increases curiosity in clients, clinicians and teams
- Participants will learn clinical supervision techniques that utilize curiosity to decrease affect in anxious clinicians

**For any questions, concerns or disability accommodations, please contact Gabe Dunn at [gdunn@ellenhorn.com](mailto:gdunn@ellenhorn.com) or (405) 626-2352.**



Ellenhorn, LLC, #1792, is approved to offer social work continuing-education by the Association of Social Work Boards (ASWB) Approved Continuing-Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final say in determining whether an individual course may be accepted for continuing-education credit. Ellenhorn, LLC maintains responsibility for this course. ACE provider approval period: 12/09/2021-12/9/2022. Social workers completing this course receive 1 (one) continuing-education credit.